



# THE BITTER END

## News from Skagit Bay Sail and Power Squadron Summer 2017

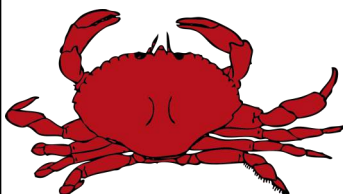
*Come for the Boating Education...Stay for the friends* SM

Web Page: [www.skagitsquadron.org](http://www.skagitsquadron.org)

Email: [ssboatschool@hotmail.com](mailto:ssboatschool@hotmail.com)

Facebook: [www.facebook.com/groups/SBSPS/](http://www.facebook.com/groups/SBSPS/)

**AMERICA'S  
BOATING CLUB**



### CALENDAR

Jul 28-30 Fish Bay Rendezvous, Lopez Island

Aug 11-13 Friday Harbor Rendezvous

Aug 18-20 Deer Harbor Marina Rendezvous

Sep 1-4 Joint Cruise Everett/Seattle Pt Hudson Marina



**SWINOMISH RAILROAD BRIDGE CONSTRUCTION JULY AND AUG WILL AFFECT TRANSITING THE CHANNEL. SEE THIS ISSUE!**



#### Commander's Message Donna J. Mason, AP

Whew! It has been quite a busy summer! With boating activities in full swing, along with planning other activities, and working on our marketing efforts, there is no time for leisurely summer reading. But it is worth it! Every non-profit volunteer organization needs new blood to keep progressing and thriving. We love our "veteran" members, appreciate all they do, and recognize they get burned out at times and need a rest. Usually 20% of the members do 80% of the work in a volunteer group. New members bring fresh ideas and energy. Our squadron is no different. We want to keep thriving, stay healthy and not burn out our valued members. So, we are joining the District 16 marketing efforts to find new members in non-traditional ways. Here are NEW things we've done so far:

1. I have ordered literature through National and D16, at no cost except for shipping, to which we are adding a squadron label and using in several ways. Thanks to Carolyn Caporgno and Kelly Libby for helping me get brochure racks and other literature in Cap Sante Yachts, West Marine, Shelter Bay Marina, and Cap Sante Marina Office. We've also put vessel safety check business cards and squadron business cards in some of those locations. If you have permission to put brochures at another boating facility and are willing to follow-up to replenish, please contact me.

2. At the Anacortes Waterfront Festival rendezvous in June, we used our rented floating dock Saturday as a Welcome Booth. On the outside we used: the wonderful "boating dog" vertical banner, our SBSPS banner, and Vessel safety check banner. Under the protective canopy, we set up tables with literature and sign up clipboards for classes, membership and vessel

safety checks (some of which our VS Chair Don Coleman performed that weekend). Here's a photo of the set-up crew. We displayed lots of photos showing boating activity fun as well as a list of classes USPS offers. We offered free coffee and cookies. We put a sign on the main dock post inviting people to our booth and free refreshments. (We hoped that at the end of our dock would be a display boat like last year, which created a lot of foot traffic down our dock. Alas, a private yacht was moored at the dock end this year.) Several members were available to talk with visitors during the day. Thanks go to Carolyn and Glen Caporgno, George Johnson, Don Coleman, Kari and Deanna Randall-Secrest, Craig and Billie Ford, Bob Miller, and Paul Rosetter for set-up and booth duty.

3. We had brochure holders and new signage at our double booth space at Anacortes' Shipwreck Day, July 15. We also gave out coloring books to our younger customers. It was a successful day with earnings of \$1015 so far. Took in \$1185 to date. Booth cost \$170. Still have expensive items donated that George will offer on Craigslist asap.

Thanks especially to George and Sandy Johnson who coordinated and worked hard for this event, George and his trusty truck especially worked way too much collecting items several days, setting up at 4 a.m. and working all day! Thanks to others who toiled with me for this event: Carolyn and Glen Caporgno, George and Jeanne Brooks, John and Marlene Bellinger, Kelly Libby, Paul Rosetter, Jack Dyer, and Mark Richey. Fourteen of us relaxed and enjoyed a Mexican dinner afterward.

4. Our VSC Chair Don Coleman is giving out brochures as he does vessel safety checks. He has a business card for his VSC work.

5. I've created a Squadron business card. Some people may want those as well as brochures to hand out when speaking to people about our squadron and encourage

them to join. Contact me if you want some.

6. During our July 4th five-day rendezvous in Bellingham we had a tour of Boundary Bay Brewery. I followed-up with the coordinator and the brew master with thank you letters which included a description and brochure, in case they know someone interested in boating.

7. On our Squadron Facebook page, Debbie and Mark Richey have increased the number of helpful-to-boaters and interesting activity postings. I plan to get some articles posted also.

8. Our Webmaster, Kari Randall-Secret, has updated our squadron website.

Earlier in the spring, I had tried to have a booth at a Burlington Fair--space had been sold out months ago, and at the Cap Sante Boat Show but the boat show management would not allow booths, etc. If you know of a booth or tabling opportunity, please contact me.

We're still plugging away at it! Thanks to all who are helping. If you would like to help in some way, please contact me.



Crew that set up marketing booth at Anacortes Waterfront Festival

### **Boating Activities Cdr. Donna Mason, AP**

Please let me know if you'll be any of these rendezvous. Questions? Contact Donna at [360 595-1083](tel:3605951083) or [donnajmason@gmail.com](mailto:donnajmason@gmail.com).

### **Lopez Island Rendezvous at Fisherman Bay Lopez Islander Resort July 28-30, 2017**

Time to rendezvous at Lopez Island! It's been a couple years since we've been.

Your choice: relaxing or activity-filled weekend. You'll have access to the swimming pool, Jacuzzi, showers and

laundromat. Walk to Lopez Village for Saturday Farmer's Market, shops, galleries, bakery and restaurants.

Arrive by car ferry or your boat. See diagram on Islander website to avoid hazards entering Fisherman Bay. Boat slip costs range approx... 26' boat \$55/day, 40' boat \$66/day, 4-50' boats \$79/day. Those without boats can stay overnight at the Lopez Islander Resort's lodge. See marina maps, make lodging or boat slip reservations at [www.lopezfun.com](http://www.lopezfun.com) or [\(360\) 468-2233](tel:3604682233). Be sure to identify yourself as with the Skagit Bay Sail and Power Squadron so we'll get slip space together. Julie knows our Squadron plans to rendezvous at Lopez Islander.

### **RENDEZVOUS SCHEDULE**

Friday, July 28

Arrive at your leisure to your reserved boat slip. Notify the marina at VHF 78A for slip assignment. Relax at the resort or walk to the village.

4:00 p.m. Happy Hour on the dock. Bring a snack and your favorite drink.

Then join us for dinner at Galley Restaurant, 3365 Fisherman's Bay Road, walkable from the marina or have dinner on your own.

Saturday, July 29

10 a.m. – 2 p.m. Walk to the Village and Saturday Farmer's Market with local farmers, artists and craftspeople.

4 p.m. Happy hour with very light hors d'oeuvre on the docks.

6 p.m. Potluck Dinner on the dock. Bring your favorite dish to share, drinks and tableware.

Sunday, July 30

Ease into the day, enjoy a hearty breakfast at the restaurant, or take a stroll before departing for your home port.

Please let me know if you'll be any of these rendezvous. Questions? Contact Donna at [360 595-1083](tel:3605951083) or [donnajmason@gmail.com](mailto:donnajmason@gmail.com).

### **Friday Harbor Rendezvous San Juan Island August 11 – 13**

Make your slip reservation at 360 378-2688 and check website: [www.portfridayharbor.org](http://www.portfridayharbor.org) for marina map.

Friday: Cruise at your leisure to the Port of Friday Harbor. Call on VHF 66 for your slip assignment, hopefully near other Skagit Squadron boats. Happy Hour on the docks. From 5- 7 p.m. listen to free live music featuring "Baker & the Backroads." Depending on who shows up we can potluck on the dock or eat at a restaurant up the street.

Saturday: walk to the Farmer's Market open 10 a.m. – 1 p.m., or explore around town, or get food supplies at King's Market on Spring St. for potluck dinner on the docks after Happy Hour.

Sunday: Those not continuing on with the Squadron Canada Cruise will leave for home port. *Time Flies*, *Mystic Knott*, and *Fish-N-Chicks* will leave for Poet's Cove in Bedwell Harbor on South Pender Island, B.C.

### **Deer Harbor Marina, Orcas Island August 18-20**

Call 360 376-3037 to reserve your slip near the Skagit Bay Squadron boats. Call on VHF78 for slip assignment. Website: [www.DeerHarborMarina.com](http://www.DeerHarborMarina.com).

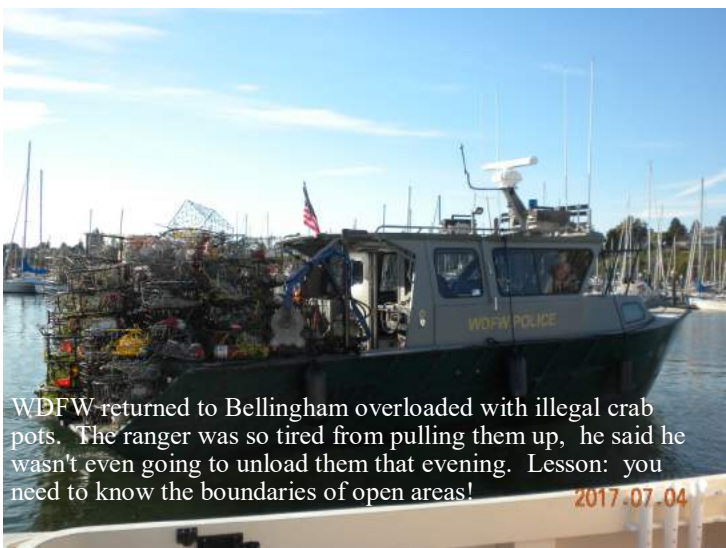
Friday: arrive at your convenience. Join the boats returning from the Squadron Canada Cruise for happy hour at the dock at 4 p.m. and 6 p.m. dinner at the Deer Harbor Inn.

Saturday: Relax at the marina, have hamburgers and Lopez Island ice cream cones at the marina store, or arrange transportation to East Sound for Farmer's market and shopping. 4 p.m. Happy Hour followed by informal potluck on the docks.

Sunday: Return to home port at your leisure.

### **Joint Everett/Seattle Rendezvous: Labor Day Cruise to Point Hudson, Port Townsend September 1-4**

Contact Annette Ferguson of the Everett Squadron Annette at [www.jdferg@live.com](mailto:www.jdferg@live.com) if you want to attend or get information about this rendezvous. So far we have one boat going.



WDFW returned to Bellingham overloaded with illegal crab pots. The ranger was so tired from pulling them up, he said he wasn't even going to unload them that evening. Lesson: you need to know the boundaries of open areas!

## **FLOTSAM AND JETSAM**

*A place for articles and items of general interest, Jokes, recipes, etc.*

>>> Vitamin Sea >>>

There's something about sea water that seems to draw us. The current best estimates are that 40% of the world population lives within 50 miles of a coastline.

Many people point out that the salinity of ocean water and human blood are the same. But this isn't completely true. While ocean salt water and blood contain many of the same salts, the concentration of them is very different. For example, seawater has three times as much sodium and five times as much chlorine as blood. Surprisingly, seawater has eight times as much calcium and fifty times as much magnesium.

Blood has its own special concentrations. There is one thousand times more copper, two hundred and fifty times more iron, and two hundred times more zinc.

So while similar, they are really quite different. So much for that myth.

What is it then? Here are some more factual based features of sea water.

Sea water is known to be beneficial to the skin. It has the effect of increasing elasticity and improving the outer appearance. Studies show that salt water helps in treating skin disorders like eczema, psoriasis, and acne. Although results are not immediate, swimming regularly in salt water should gradually improve the appearance and condition of these three disorders.

Swimming in general is a good way to relieve stress and to reduce the inflammation of joints and muscles. Salt water contains bromide and this mineral helps in relieving muscle pains and soreness.

But even if swimming isn't for you, just being in the the sea air is known to improve mood, reduce stress, and help you sleep better. This has been attributed to the larger concentration of negative ions that surround the ocean's edge. These ions accelerate our ability to absorb oxygen and maintain our levels of serotonin.

Salt water proximity goes hand in hand with sunlight exposure. Sunlight promotes vitamin D levels, known as the "feel good" hormone because warmth from the sun affects our endocrine system to help make us feel relaxed and less stressed. Just don't forget to wear sunscreen because direct sun exposure has some negative issues too.

So while there might be many reasons we all love being onboard and out on the water, there very likely are biologic and genetic mechanisms at work that keep us wanting more.



# INDEPENDENCE DAY RENDEZVOUS, SQUALICUM MARINA, BELLINGHAM

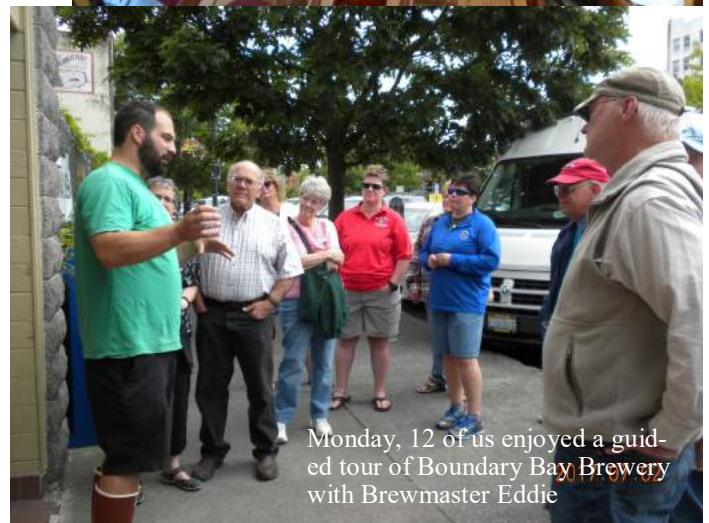


(Don't tell anyone that after that yummy dinner, we  
← walked to Mallard's for ice cream.) 2017.07.02

Sunday, after some of us spent the day in Fairhaven, we enjoyed an Italian dinner at D'Anna's: L-R: Pat and Jack Dyer, Donna Mason, Paul Rosetter, Kari and Deanna Randall-Secrest, Deanna's sister Danette Beaver, Deanna's Mom Raeanna Randall, Sandy and George Johnson, and Dick Hunter.



4th of July Potluck on the Dock before the fireworks: They're eating again! 2017.07.04



Monday, 12 of us enjoyed a guided tour of Boundary Bay Brewery with Brewmaster Eddie 2017.07.02



Then we had a delicious lunch with wine/beer at the restaurant, L-R: Jeanne Brooks, Marlene Bellinger, Raeanna Randall, Danette Beaver, Dick Hunter, Paul Rosetter, Donna Mason, Deanna and Kari Randall-Secrest, Dale Libby, John Bellinger, George Brooks.





### Equipment During Open-to-Navigation Position



### Equipment During Closed-to-Navigation Position



### Swinomish Channel Closure Times at BNSF Railroad Swing Bridge

Calendar represents potential times (24hr clock) that contractor will be allow to close the bridge. (+3.0 Ebb to +3.00 Flood).

18 ← Date

Time of Closure

5:30-10:30

Time (24 hr. clock) of closure.



No closures for construction.  
Bridge will close for typical railroad operations.



Contractor critical path schedule  
closures during time/tide listed

July 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Time of Closure 0
2 Time of Closure 0	3 Time of Closure 0	4 Time of Closure 0	5 Time of Closure 0	6 Time of Closure 0	7 Time of Closure 0	8 Time of Closure 0
9 Time of Closure 0	10 Time of Closure 0	11 Time of Closure 0	12 Time of Closure 0	13 Time of Closure 0	14 Time of Closure 0	15 Time of Closure 0
16 Time of Closure 0	17 Time of Closure 5:00-9:00	18 Time of Closure 5:00-11:00	19 Time of Closure 5:30-12:00	20 Time of Closure 6:00-12:30	21 Time of Closure 6:45-13:15	22 Time of Closure 8:30-14:30
23 Time of Closure 0	24 Time of Closure 9:15-15:45	25 Time of Closure 9:45-16:15	26 Time of Closure 10:45-17:15	27 Time of Closure 11:45-17:15	28 Time of Closure 13:00-17:30	29 Time of Closure 0
30 Time of Closure 0	31 Time of Closure 5:00-9:30	Notes: * Closures are authorized during low tide operations (+3.00 Ebb to +3.00 Flood) * Typical railroad operations not included in contractor's calendar. * Times listed are based on NOAA Swinomish, WA - Station ID: 9448682 * Actual closures times listed are +/- 30 mins.				

Calendar - July Page 1

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18 ← Date

Time of Closure

5:30-10:30

Time (24 hr. clock) of closure.



No closures for construction.  
Bridge will close for typical railroad operations.



Contractor critical path schedule  
closures during time/tide listed

August 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Time of Closure 5:00-11:05	2 Time of Closure 5:30-12:00	3 Time of Closure 6:00-12:30	4 Time of Closure 6:30-12:30	5 Time of Closure 7:15-13:45
6 Time of Closure 0	7 Time of Closure 8:45-15:15	8 Time of Closure 9:00-15:30	9 Time of Closure 9:45-16:15	10 Time of Closure 10:30-16:30	11 Time of Closure 11:15-16:45	12 Time of Closure 12:30-16:30
13 Time of Closure 0	14 Time of Closure 5:00-7:30	15 Time of Closure 5:00-9:00	16 Time of Closure 5:00-11:30	17 Time of Closure 5:15-11:15	18 Time of Closure 5:45-12:15	19 Time of Closure 6:30-13:00
20 Time of Closure 0	21 Time of Closure 8:15-14:45	22 Time of Closure 9:15-15:15	23 Time of Closure 10:00-15:30	24 Time of Closure 11:00-16:00	25 Time of Closure 12:15-16:15	26 Time of Closure 14:00-16:00
27 Time of Closure 0	28 Time of Closure 5:00-7:30	29 Time of Closure 5:00-8:30	30 Time of Closure 5:00-9:30	31 Time of Closure 5:00-10:30		
Notes: * Closures are authorized during low tide operations (+3.00 Ebb to +3.00 Flood) * Typical railroad operations not included in contractor's calendar. * Times listed are based on NOAA Swinomish, WA - Station ID: 9448682 * Actual closures times listed are +/- 30 mins.						

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## ANACORTES WATERFRONT FESTIVAL



Members Kelly Libby and Bill Lundstrom worked the rescue boats for the Down 'N Dirty Boat Race.

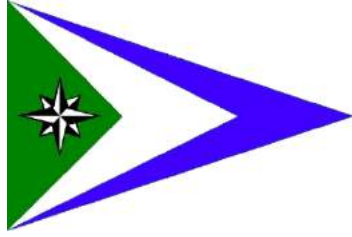


## POULSBO D16 RENDEZVOUS



Carolyn and Glen Caporgno enjoying lunch overlooking the D16 boat dock at Poulsbo D16 Rendezvous.  
SBSPS Contingent at D16 Rendezvous dinner: L-R: Glen and Carolyn Caporgno, Dale Libby and friend Pat, Mark and Debbie Richey with Donna taking the photo.





# Skagit Bay Sail and Power Squadron USPS America's Boating Course

Anacortes Marina, 2415 T Ave, Anacortes  
upstairs classroom

September 6, 11, 13, 18, 20, 25, 27, 2017  
7:00 to 9:00 p.m.

*America's Boating Course* provides you with basic boating knowledge to decide what type and size boat you need, what to do when meeting another boat in a crowded waterway, and how to recognize and handle hazards. Become a more competent boater, learn from the best, and enroll in *America's Boating Course* today. Many boat insurance companies will offer discounts on boating insurance to boaters who successfully complete *America's Boating Course*. And, this course provides a sound basis for continuing your recreational boating education.

**What's Included?** For both sail and power boats, *ABC* covers a wide range of topics:

- 
- Types of boats and their uses,
- Boating laws, both Federal and State,
- Safety equipment, both required and recommended,
- Finding your way, and adverse conditions,
- Communications,
- Trailering, knots and lines,
- Water sports topics.

The course materials include a 174-page *Student Guide*. The course is completed in seven two-hour sessions, including the final exam session. Successful completion of the final exam allows students to apply for their Washington State Boaters card, required for anyone born after Jan 1, 1955, and operating a vessel with a 15HP motor or greater.

**\$55 for individuals or \$65 for two sharing a book**

**Contact Debbie Richey at 360-387-1260 or  
drichey@rocketmail.co**

**Registration closes August 31, 2017**

**Class is limited to 15 students**



# Skagit Bay Sail and Power Squadron USPS Seamanship Course

Anacortes Marina, 2415 T Ave, Anacortes  
upstairs classroom

**Mondays, October 2, 2017 to November 27, 2017**  
**7:00 to 9:00 p.m.**

Build boating confidence and competence for safe and fun on-the-water adventures. *Seamanship 2016* provides a foundation of knowledge and skills in boat handling and maneuvering boat operation, skipper's responsibilities, and boating techniques that will advance your boating enjoyment.

**What's Included?** For both sail and power boats, *Seamanship* covers a wide range of topics:

- 
- Types of boats and how they behave on the water,
- Anchoring in various conditions,
- Docking and line handling,
- Close quarter maneuvering,
- Rules of the road,
- Communications with other boats,
- How to respond to various emergencies,
- Marlinespike basic knots,
- And other interesting topics.

The course materials include a 176-page *Student Guide* and the 158-page *The One-Minute Guide to the Nautical Rules of the Road*. The course is completed in nine two-hour sessions, including the final exam session.

**\$120 for individuals or \$160 for two sharing a book**  
(USPS members, \$60 and \$85)

**Contact Bob Miller at 360-588-9950 or bobmil-  
lerwa@hotmail.co**

**Registration closes September 10**

**Class is limited to 15 students**

## The Pledge

**I do solemnly pledge to: Abide by the bylaws of the United States Power Squadrons®; Promote high standards of navigation and seamanship; Maintain my boat and operate it legally; Render assistance whenever possible; and conduct myself in a manner that will add prestige, honor and respect to the United States Power Squadrons.®**

### HAPPY SUMMER BIRTHDAYS

John Bellinger  
Judy Bennett



Cliff Cochran  
Walter Cochran  
Heather Frakes  
Richard Hunter  
Sandy Johnson  
Elisabeth Libby  
William Lundstrom  
Bob Miller  
Anne & Rolf Neese  
Bill Stewart  
Fred Wahlgren

### ~ General Meeting Information ~

Our General Meetings are held monthly on the 2nd Thursdays of each month (except July & August), at The Farmhouse Restaurant, corner of SR20 and La Conner-Whitney Road. Greetings and social time starts at 1800 with dinner at 1900. Meeting is normally held just before dinner. When a program is available it usually starts about 1930. The meeting is sometimes moved to another date or venue for special occasions, but that will be advertised in the newsletter or an email notice.



What NOT to do: Donna photographed this runabout at Squalicum Harbor which had, as a navigational aid, a placemat of the San Juan Islands taped below the steering wheel. This guy needs the USPSR ABC Course!

Bridge Officers		
Commander	Donna Mason, AP	360 595-1083
Executive Officer	John R. Bellinger, SN	360-757-8091
Education Officer	Debbie Richey, AP	360-387-1260
Administrative Officer	Vacant	
Secretary	Kari Randall-Secrest, N	360 387-1194
Treasurer	Bob Miller, JN	360-588-9950
Executive Committee		
	Marlene Bellinger, AP	360 757-8091
	Paul Rosetter, AP	360 595-1083
	Sandy Johnson, P	360-588-8125
	Kelly Libby, S	425-359-7078
Commander Department		
Chaplain	Ruth Peterson, SN	360-293-1888
Flag Lt.	Craig Ford	360 333-5308
Port Captain	Vacant	
Law Officer	Vacant	
Merit Marks	Debbie Richey, AP	360-387-1260
	Vacant	
	Vacant	
Executive Department		
Co-Op Charting	Lynn Stewart, P	360-424-1270
Liaison	Debbie Richey, AP	360-387-1260
Public Relations	Deanna Randall-Secrest, N	360-387-1194
Asst Public Relations	Vacant	
Radio Technical	Vacant	
Safety	Bill Stewart, JN	360-424-1270
Vessel Exams	Don Coleman	360 333-2962
Education Department		
Assistant Education Officer	Bob Miller, JN	360 588-9950
Local Board Public Boating	George Johnson, SN	360-588-8125
Local Board Advanced Grds	George Brooks, SN	360 466-3470
Local Board Elect Courses	John Bellinger, SN	360-757-8091
Administrative Department		
Boating Activities	Donna Mason, AP	360 595-1083
Galley	Vacant	
Greeting	Craig Ford	360 333-5308
	Billie Ford	360 941-1956
Membership	Debbie Richey, AP	360-387-1260
Operations Training	Debbie Richey, AP	360-387-1260
Programs	Vacant	
Property Officer	Vacant	
Supply Officer	Sheryl Wytychak	208-704-2249
Telephone	Vacant	
Secretary's Department		
Editor "Bitter End"	Mark Richey, SN	425-876-6274
Historian	Lynn Stewart, P	360-424-1270
Public Contact	Debbie Richey, AP	360-387-1260
Roster	Bob Miller, JN	360-588-9950
Scrapbook	Carolyn Caporgno	
Webmaster / IT	Kari Randall-Secrest, N	360-387-1194
Auditing Committee		
1 Yr Chair	Judy Bennett, S	707-443-2855
2 Yrs.	Billie Ford	360 941-1956
3 Yrs.	Vacant	
Nominating Committee		
1 Yr. Chair	Paul Rosetter, AP	360 595-1083
2 Yrs.	George Johnson, SN	360-588-8125
3 Yrs.	Vacant	
Rules Committee		
1 Yr. Chair	John Bellinger, SN	360-757-8091
2 Yrs.	Ruth Peterson, SN	360-293-1888
3 Yrs.	Vacant	

Please note the vacancies. This is a fun group and you don't have to have a grade to have a committee position. Every little bit helps. Pick something you think you can do and help out. If you don't know what a spot does, ask the chair. **Please insure the names shown are correct!**